



CHANGING YOUR MIND ABOUT MENTAL HEALTH

Week 2: Fear (And Anxiety) Pastor Stan Tharp, March 9 and 10, 2019

BIBLE VERSES

Isaiah 41:10	Proverbs 12:25	Psalms 55:22	Psalms 34:7
Psalms 56:3	Psalms 23:4	Mark 6:50	1 Peter 3:14
Philippians 4:6-7	Joshua 1:9	Deuteronomy 31:6	Psalms 34:4
John 14:27	Matthew 6:34	Isaiah 41:13-14	Deuteronomy 3:22
2 Timothy 1:7	1 Peter 5:6-7	Psalms 46:1	Revelation 1:17
1 John 4:18	Isaiah 35:4	Psalms 118:6-7	Mark 5:36
Psalms 94:19	Luke 12:22-26	Proverbs 29:25	Psalms 91:1-16
Isaiah 43:1	Psalms 27:1	Mark 4:39-40	

IMPORTANT: If you need someone to talk or pray with you, stop by the **First Step Room** following each service at Christian Life Center!

CLASSES at CHRISTIAN LIFE CENTER

Life's Healing Choices: Wednesdays; April 24 - June 26; 7 - 8:30 pm; Room 604

DivorceCare: Wednesdays; April 24 - June 26; 7 - 8:30 pm; Rooms 602

GriefShare: Wednesdays; April 24 - July 31; 7 - 8:30 pm; Room 107

For more information on these classes, stop by the First Step Room

COUNSELING RESOURCES

New Creation Counseling Center

7695 S. Co. Rd. 25A, Tipp City, OH 45371 | 937-667-4678

www.newcreationcounselingcenter.org

Focus on the Family

1-855-771-HELP (4357) weekdays 6 am - 8 pm (Mountain Time)

www.focusonthefamily.com

Samaritan Behavioral Health - Montgomery County

Elizabeth Place, 1st floor, 601 Edwin C. Moses Boulevard, Dayton, OH 45412

937-224-4646, 24 hours a day, 7 days a week

www.sbhihelp.org/crisiscare-montgomery

National Suicide Prevention Lifeline

1-800-273-8255 | www.suicidepreventionlifeline.org

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction of any kind. To find a location near you visit www.celebraterecovery.com.